

+40 721 305 948 hello@erasmus-training.eu www.erasmus-training.eu

### Communication skills for the Academic Community

The preliminary training plan

### **Day 1 – Communication basics**

09:00 - 10:30	- Presentation of the trainer
	- Presentation of the participants
	- Expectations
	- Presentation of the training program
	- Administrative aspects
10:30-10:45	Break
10:45-12:00	- Presentation of the universities of the participants
12:00-13:00	Lunch Break
13:00-15:00	- What is communication and how do we use it?
	- Communication in the Academic culture
	- Individual activity: Write a story

\* Afternoon Walking City Tour / Syncretic show "VORTEX SYMPHONY" @ Capitol Hall of The "Banatul" Philharmonic, starts at 7 PM, ticket price: 20 lei.

## Day 2 – Group Dynamics and Team work

09:00 - 10:30	- Leadership styles and team work
	- Designing efficient teams
	- Creating a dedicated, secure environment for employee
	communication
10:30-10:45	Break
10:45-12:00	- Effective communication – a path towards a growing employee
	engagement
12:00-13:00	International Lunch
13:00-15:00	- Individual activity: Count Dracula has risen from his tomb

\* Theater: "Europe" by David Greig @ The German State Theater of Timisoara (Mărăşeşti Street, No. 2), 7.30 PM – 10 PM



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# **Day 3 – Conflict Dynamics**

09:00 - 10:30	- Conflict management theory	
	- Negotiation and conflict management techniques	
	- The culture of collaboration between university administration and	
	the educational body	
10:30-10:45	Break	
10:45-12:00	- The impact of the institution size upon the communication process	
	– How to adapt?	
12:00-13:00	Lunch Break	
13:00-15:00	- Introduction to Transactional Analysis	
* Calar for her inner dance along @ Dalla diana Dance Chala Oran		

\* Salsa for beginners dance class @ Palladium Dance Club, 9pm

# **Day 4 – Online Communication**

09:00 - 10:30	- What is different online?
	- How do we adapt the message for the online communication?
10:30-10:45	Break
10:45-12:00	- Facebook, Twitter, Google ads, Instagram
	- Influencers and their power
	- The future trends in professional communication
12:00-13:00	Lunch Break
13:00-15:00	- Mailing campaigns
	- Social networks. Why did they become so big?

\* Traditional Romanian Dinner @ Miorița Restaurant, 7 pm

## Day 5 – External communication

09:00 - 10:30	- Improving the SGBPI relationship (students, graduates, business environment and public institutions)
	- Press releases & PR
10:30-10:45	Break
10:45-12:00	- The magic of the descriptive feedback
	- Communication barriers and how to break them
12:00-13:00	Lunch Break
13:00-15:00	- Individual activity: write a press release informing the media
	about the 2019 Nobel Prize winner from your university
	- Feedback session & Graduation

\* Musical (ballet) "Giselle" by Adolphe Adam @ Romanian National Opera of Timisoara



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Dinners except from the one on Thursday night will be @ Jack's Bistro at 7 p.m.



### Don't miss:

- the Museum of the Comunist Consumer
- the Art Museum
- the Village Museum
- a Spa day
- Kayaking on Bega river
- Visiting Recas Winery
- Gelato di Bruno ice cream
- Opera night
- Visiting the beer factory
- Visiting Politehnica's Library
- Iulius Town
- The training plan is subject to change based on the needs and expectations of the participants.
- The social activities recommended for each day are optional and will be updated one week before the start of the training.