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## Academic Leadership

The preliminary training plan

### Day 1 – Leadership intelligence

09:00 – 10:30	<ul style="list-style-type: none"> <li>- Presentation of the trainer</li> <li>- Presentation of the participants</li> <li>- Expectations</li> <li>- Presentation of the training program</li> <li>- Administrative aspects</li> </ul>
10:30-10:45	Break
10:45-12:00	<ul style="list-style-type: none"> <li>- Presentation of the universities of the participants</li> </ul>
12:00-13:00	Lunch Break
13:00-15:00	<ul style="list-style-type: none"> <li>- What is leadership?</li> <li>- Mindful Leadership</li> <li>- Formal versus informal leaders</li> </ul>

\*Afternoon Walking City Tour

\* Visit to the Communist Consumer Museum (Laszlo Szekely Street, No. 1), program: 10 AM - 11 PM

### Day 2 – Co-creative leadership

09:00 – 10:30	<ul style="list-style-type: none"> <li>- Core leadership theories: Personality traits, Leadership Behaviors, Situational Leadership</li> <li>- Introduction to co-creative approach</li> </ul>
10:30-10:45	Break
10:45-12:00	<ul style="list-style-type: none"> <li>- Psychological Contract</li> </ul>
12:00-13:00	International Buffet
13:00-15:00	<ul style="list-style-type: none"> <li>- Empathy Mapping</li> <li>- Effective Delegation</li> </ul>

\* Charity Quiz Night at Vineri 15 (Vasile Parvan Boulevard), 7 PM – 10 PM, entrance is a 20 lei donation per person // Jazz night with Ingrid at Berăria 700, 8 PM – 11 PM, artist donation 5 lei/person



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### Day 3 – Coaching skills

09:00 – 10:30	<ul style="list-style-type: none"> <li>- What is coaching and how do we use it?</li> <li>- Differences and similarities between Coaching, Counselling &amp; Mentoring</li> </ul>
10:30-10:45	Break
10:45-12:00	<ul style="list-style-type: none"> <li>- 6 Golden rules of coaching</li> <li>- GROW Model and goal-setting</li> </ul>
12:00-13:00	Lunch Break
13:00-15:00	- Individual activity: Solution Focused Coaching

\* Traditional Romanian dinner at Miorita Restaurant (Union Square), 7 PM // Art exhibition „Poetic Visions” at „Deliu Petroiu” Arts Section (Maria Theresia Bastion, Hall C), 6 PM – 8 PM, free entry // „Traviata” by Giuseppe Verdi at The Romanian National Opera (Marasesti Street, No. 2), 7 PM – 10 PM, tickets available at The Romanian National Opera House

### Day 4 – Communication & Feedback

09:00 – 10:30	<ul style="list-style-type: none"> <li>- Effective communication – a path towards a growing employee engagement</li> <li>- Communication barriers and how to break them &amp; Active Listening</li> </ul>
10:30-10:45	Break
10:45-12:00	<ul style="list-style-type: none"> <li>- Team development strategies</li> <li>- Psychological Safety &amp; Accountability</li> </ul>
12:00-13:00	Lunch Break
13:00-15:00	- The magic of the descriptive feedback & Shared Leadership

\* Concert Ana Teodora at The 80's Pub (Aries Street, No. 19), 10 PM – 12.30 AM, free entry

### Day 5 – Conflict Dynamics

09:00 – 10:30	- Conflict management theory
10:30-10:45	Break
10:45-12:00	- Negotiation and conflict management techniques
12:00-13:00	Lunch Break
13:00-15:00	- The culture of collaboration between university administration and the educational body
15:00	- Feedback session & Graduation ceremony

\* Concert Beethoven 250, conducted by Michael Cousteau at The Banatul Philharmonic (C. D. Loga Blvd., No. 2), 7 PM – 9 PM // Performance art „Trubadurul” by Giuseppe Verdi at The Romanian National Opera (Marasesti Street, No. 2), 7 PM – 10 PM



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**Dinners** except from the one on **Wednesday** night will be @ **Jack's Bistro** at 7 p.m.



**Don't miss:**

- the Museum of the Communist Consumer
- the Art Museum
- the Village Museum
- a Spa day
- Kayaking on Bega river
- Visiting Recas Winery
- Gelato di Bruno ice cream
- Opera night
- Visiting Politehnica's Library
- Karaoke night
- Iulius Town

- The training plan is subject to change based on the needs and expectations of the participants.
- The social activities recommended for each day are optional and will be updated one week before the start of the training.