

Your Course: Zero Waste Essentials

The Art of Being Resource-Conscious: Zero Waste Training

General Information:				
Date	06 - 10 May 2024 (Monday till Friday)			
Teaching units	12 x 90 min			
Location	Aalen/Germany			
Price	550 € Tuition only			
Minimum Number of Participants	10			
Accomodation	not included / self organised (with EIAPD support)			
Your trainer	Dr. Christian Baron			



Course Description

Start your Zero Waste journey today! 'Zero Waste' stands for a sustainable and intelligent use of our resources. This philosophy is inspired by nature and aims to get the most out of our society, strengthen our local resilience and preserve natural resources for future generations.

In this Zero Waste training, participants gain knowledge about various waste issues and the basic principles of Zero Waste. They understand the impact of waste on the environment and learn about its potential as a recyclable material and source of raw materials. Participants develop strategies not only to minimize negative impacts of waste but also to leave a positive environmental footprint.

What they learn can be seamlessly integrated into their daily business to put change into action and make a positive impact on their community and the environment.

Objectives of the mobility

- Basics about waste and its treatment
- Value of waste and actors in the economic system
- Zero waste principles, reframing from "waste" to "valuable" material
- Transfer and strategies for ecologically positive

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	products in one context / everyday life		
Activities	Highly interactive application-oriented training, utilising game-based approaches, concrete group exercises and working on your own questions and examples. You will furthermore have the opportunity to (please state your preferences) • To network with colleagues from the University of Aalen for Applied Sciences. • Peer exchange: Discuss and share experiences with colleagues from other European universities. We facilitate a session to identify possibilities for further cooperation among participants. • Explore the 'Ostalb', the area around Aalen		
Learning outcome and impact	 After the course you will be able to convey Comprehensive understanding of waste fundamentals, value, and the role of waste in the economic system. Zero waste principles and be able to reframe 'waste' as 'valuable' material. waste's environmental impact and its potential as a resource. Strategies to reduce waste impact and create a positive environmental footprint. 		
Benefit	 Active zero waste training Knowledge enhancement Holistic perspectives and diverse insights Experience zero waste actions in real-life examples Commitment to zero waste with like-minded European fellows 		
Methods	The training is application-orientated, highly interactive, with compact theoretical input. We utilize:		

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	 Game-based elements Concrete exercises Reflections And work in (small) groups on your own questions and examples
Target Group	 Scientists (sustainability)project leaders Emerging leaders Sustainability advocates

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Your Destination: Aalen/Germany







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Monday	Tuesday	Wednesday	Thursday	Friday
	09.00-12.30		09.00-12.30	
Arrival Day	- Determining own learning goals and vision - Ressources basics - Waste basics	Excursion / Experience E.g., network with colleagues from Hochschule Aalen of Applied Sciences, visit faculties, explore Aalen or the nearby cities. (Please state preferences upon registration)	Group work on your own projects: zero waste projects, eco-design, circular economy, actions, behaviour, user-centricity, green communication	Free / Departure
	<mark>12</mark> .30-13.30		12.30-13.30	
	Lunch		Lunch	
19.30	13.30-16.00		13.30-15.00	
Welcome Dinner & Drinks	- Zero waste basics - Waste to value		Transfer / Zero waste strategies in the academic environment Evening: Closing Dinner	

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