



1st ERASMUS+ INTERNATIONAL STAFF WEEK

Józef Piłsudski University of Physical Education in Warsaw

29th of May – 2nd of June 2017

Monday, 29th of May 2017

9:30 -10:00	<u>Registration</u>
10:00 -10:30	Official opening by the University authorities
10:30 -11:45	Participants' presentations, session 1
11:45 -12:00	Coffee break
12:00 -13:30	Participants' presentations, session 2
13:30 -14:15	Lunch break
14:15 -15:00	Campus tour
15:00 -17:00	Warsaw Old Town tour
17:00 - 20:00	Welcome dinner

Tuesday, 30th of May 2017

	<u>Faculty of Tourism & Recreation</u>
9:30 -10:30	Presentation of the Faculty
10:30 -11:30	“Poland in short”
11:30 -12:30	Fitness , a seminar
12:30 -13:30	Visit to the Museum of Sport and Tourism at the Polish Olympic Committee
13:30 -14:30	„Olympian’s Lunch” (“Moonsfera” restaurant; at participants expense)
15:00 -16:00	Łazienki Park tour

Wednesday, 30th of May 2017

	<u>Faculty of Rehabilitation</u>
9:30 -10:30	Presentation of the Faculty
10:30 -11:30	Team games in Adapted Physical Activity , a seminar
11:30 -12:30	Networking session (for all the participants)
12:30 -13:30	Lunch break
13:30 -14:30	Nordic walking , a practical seminar

Thursday, 1st of June 2017

Faculty of Physical Education

9:30 -10:30	Presentation of the Faculty
10:30 -11:45	Integrating play and games
11:45 -13:15	Ethnic dance , a performance, a practical seminar
13:30 -14:30	Lunch break

Friday, 2nd of June 2017

10:00 -11:30	Cruise on the Wisła river Official ending of the event (certificates of attendance)
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