

## INTERNATIONAL MOBILITY: TO INFINITY AND BEYOND



Cofinanciado por la Unión Europea



## INTERNATIONAL WEEK 2023

International programmes are becoming increasingly more important. Taking advantage of the fact that two former students of the University of León have been selected as new astronauts of the European Space Agency (ESA), the topic of our I-week will be the limits (if there are any) of internationalisation.

Monday 01.		City Tour / Workshop: Camino de Santiago as Historical International Route.
Tuesday 02.	Spanish Language Course: 1,30h. Welcome at ULe: -Presentation ULe -European University Alliance: EURECA-PRO.	-Poster exhibition -Networking Lunch -Internationalisation at Home Workshop. Presentation universities visiting ULe 1/2.
Wednesday 03.	Spanish Language Course: 1.30h. -Round Table: The limits of the internationalization (BIP, Blended, KA171) -Workshop: Erasmus+ Psychology ½.	Sport Activity. Climbing Introduction / Running Life Style.
Thursday 04.	Camino de Santiago Long Day Trip Campus Ponferrada Astorga.	-Campus Ponferrada: Presentation universities visiting ULe. 2/2. Workshop: Erasmus+ Psychology (Conclusions).
Friday 05.	Spanish Language Course 1.30h. -Lecture: Working in Erasmus+ Program. -Diploma Ceremony.	

## TOPICS

- Internationalisation. Where is the limit?
- Internationalisation at home.
- European University Alliance.
- New Mobility Opportunities.
- Responsible Consumption and Production.
- Erasmus+ Psychology.
- Historical International Routes.



## What will you find in our International Week?

- Networking
- Lectures about transversal topics
- Workshops
- Introduction to participants institutions
- Basic Spanish Course
- Cultural Program (city tour, tapas tour, excursions) (Lunch, coffee breaks and 2 dinners are included).



# I-Week 2023: International Mobilities: to infinity and beyond

## ABOUT LEÓN

León is a wonderful city, combining stunning historical architecture with an irresistible energy. Its most valuable treasure attraction is the cathedral, one of the most beautiful in Spain, but there's so much more to see and to do here. During the day you'll encounter a city with deeply rooted in the soil of northern of Spain, with its grand monuments, Catholic heritage and a role as an important stage post along the Camino de Santiago (St. James Way). León has been recognized as the origin of Parliamentarism (1188) by UNESCO, 'born' in the Leonese Kingdom.

When the night falls León is taken over by a deep-into-the-night soundtrack of revelry that floods the narrow streets and plazas of the picturesque old quarter, the Barrio Húmedo. It's a fabulous mix. You will never forget the tapas in León.

Discover our great region!

## TAKE PART IN OUR INTERNATIONAL WEEK

### DURATION

The International Week will take place from Monday 01.05.2023 to Friday 05.05.2023.

### LANGUAGE

Main working language will be English. Alternative activities will be held in Spanish.

### APPLICATION and SELECTION

The number of participants is limited to 70, with a maximum of 3 attendees per institution. Please, fill in **the online application form**.

Deadline: 05.04.2023.

### PARTICIPANTS CONTRIBUTION

During the International Week there will be some workshops in which participants will be actively involved. Please, if you are interested, upload your abstract for one of the suggested topics by using the application form. You can also suggest some ideas for new activities, workshops or lectures.

### FUNDING

Participants are responsible for covering their own accommodation, meals (some are included) and other expenses.

We suggest to seek for Erasmus staff training funding at your Home Institution, whenever possible.

### MOBILITY AGREEMENT

We have a standard agreement for Erasmus+ mobility.



Famous vineyards are part of our region too. Some of them are in the ancestral Camino de Santiago.

## TRAVEL TO LEÓN

### By train:

Only two hours from Madrid! From the airport you will need to reach Chamartín Train Station. Take Metro line 8 or "Cercanías" train. Both AVE (highspeedrail in Spain) and Alvia (long-distance rail) tickets are available at [www.renfe.com/es/en](http://www.renfe.com/es/en).

### By bus:

You can take a bus from Terminal 4 or reach the bus station by metro (Metro stop "Mendez Alvaro") and take a bus there. Bus tickets are available at [www.alsa.com](http://www.alsa.com).

## ACCOMODATION

There are a lot of possibilities to accommodation.

**Ask for our recommendations**