

6th LSU International Week

HEALTHY ACTIVE LIVING

March 30 – April 3, 2020 | Kaunas, Lithuania



WELCOME TO THE 6TH LSU INTERNATIONAL WEEK

You are cordially invited to take part in the 6th International Week which will be held on March 30 – April 3, 2020 at the Lithuanian Sport University, Kaunas, Lithuania.

The 6th International Week is open to the academic staff from our partner institutions who are interested to share their knowledge, expertise and experience through lectures, seminars and/or practical sessions in the following thematic areas:

- Health-enhancing physical activity
- Nutrition
- Adapted physical activity
- Physiotherapy
- Physical education
- Sports coaching
- Sport and exercise physiology
- Sport biomechanics
- Sport management
- Sport recreation
- Tourism and leisure studies
- Other disciplines related to sport science

As the main focus of the 6th International Week is on “Healthy Active Living”, we would like to extend our special invitation to students and teachers from the Physical Activity and Lifestyle (PAL) network of partners.

The annual International Week (IW) is a part of the LSU “Internationalisation at home” policy to bring an international dimension to our undergraduate and graduate students. During the IW, incoming teachers will be assigned to give lectures and/or lead seminars and practical sessions for students from different LSU study programmes based on their offered teaching topics.

The IW participants will also have an opportunity to meet colleagues from other academic institutions to share good practice, learn and get inspired from each other, and build new partnership networks for future collaboration.

Along the teaching programme, the IW will offer a variety of social activities, including guided Kaunas city tour, tasting traditional Lithuanian cuisine, sports activities at the LSU campus and much more.

Participation in the IW is free of charge. However, all participants are expected to cover their travel, accommodation and living expenses from the Erasmus staff mobility for teaching grant or other funds.

The deadline for registration is **January 20, 2020**.

► For more information and registration, please visit: www.lsu.lt/en/IW-2020

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WE ARE LOOKING FORWARD TO WELCOMING YOU IN KAUNAS!