

New Ways of Thinking

Preliminary Training plan

Day 1 – I think, therefore I am

10:00 – 11:30	<ul style="list-style-type: none"> - Presentation of the trainer - Presentation of the participants - Expectations - Presentation of the training program - Administrative aspects
11:30-11:45	Coffee Break
11:45-13:15	- Presentation of the universities of the participants
13:15-14:00	Lunch Break
14:00-15:30	<ul style="list-style-type: none"> - Emotional intelligence - Cognitive flexibility

* Evening recommendation: Taste the local artisanal beers @ Bereta Taproom & Bottleshop
// Listen to some vinyl @ Viniloteca

Day 2 – Critical thinking

10:00 – 11:30	<ul style="list-style-type: none"> - Perceptions and Presumptions - Deductive, Inductive and Abductive Reasoning
11:30-11:45	International Coffee Break
11:45-13:15	<ul style="list-style-type: none"> - Logical Fallacies - Cognitive Biases
13:15-14:00	Lunch Break
14:00-15:30	- Giving and Receiving Feedback

* Evening recommendation: Visiting Iulius Town // Charity Quiz @ Vineri 15 from 7 pm



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Day 3 – Cultural Immersion

First 7.000 steps

10.00 – Visiting The Metropolitan Cathedral

10.00 – 12.45 Walking City Tour #1

(Victory Square, the Metropolitan Cathedral
Liberty Square, St. George Square, Union
Square)

Next 7.000 steps

12.45 – 13.45 **Museum of The
Revolution**

14.00 – 15.30 Lunch

15.30 – 16.30 Walking City Tour #2
(Elisabetin District or Fabric District)

* Evening recommendation: Gipsy King by Johann Strauss @ Romanian National Opera, 7 pm

Day 4 – Creative Thinking

10:00 – 11:30	- Creativity & Flow - Barriers to Creativity
11:30-11:45	Coffee Break
11:45-13:15	- 5 ingredients of creativity - Group Ideation tools
13:15-14:00	Lunch Break
14:00-15:30	- Creativity & Innovation - Individual Ideation tools

* Evening recommendation: Visiting the Arts Museum before 6 pm // Choral Concert organized by the Filarmonica @ The Catholic Dome in Union Square, 7 pm

Day 5 – Design Thinking

10:00 – 11:30	- Empathy - Understand
11:30-11:45	Coffee Break
11:45-13:15	- Definition - Ideation
13:15-14:00	Lunch Break
14:00-15:30	- Prototype - Test - Feedback Session & Graduation

* Evening recommendation: Visiting the Village Museum before 5 pm // Timișoara Architecture Biennial @ Garnizoana Timisoarei, 6.30 – 9.00 pm // Symphonic Concert @ The Filarmonica, 7 pm



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Don't miss:

- the Museum of the Communist Consumer
- the Arts Museum
- the Village Museum
- a Spa day
- Kayaking on Bega river
- Visiting Recas Winery
- Gelato di Bruno ice cream
- Iulius Town
- Opera night

The training plan is subject to change based on the needs and expectations of the participants.

The social activities recommended for each day are optional and will be updated one week before the start of the training.