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New Ways of Thinking

Preliminary Training Plan

Day 1 – I think, therefore I am

09:00 - 10:30	- Presentation of the trainer
	- Presentation of the participants
	- Expectations
	- Presentation of the training program
	- Administrative aspects
10:30-10:45	Coffee Break
10:45-12:30	- Presentation of the universities of the participants
12:30-13:30	Lunch Break
13:30-15:00	- Emotional intelligence
	- Cognitive flexibility

^{*} Evening recommendation: Taste the local artisanal beers @ Bereta Taproom & Bottleshop // Listen to some vinyl @ Viniloteca

Day 2 – Critical thinking

09:00 – 10:30	- Perceptions and Presumptions
	- Deductive, Inductive and Abductive Reasoning
	- Logical Fallacies
10:30-10:45	International Coffee Break
10:45-12:15	- Cognitive Biases
	- Problem solving
12:15-13:00	Lunch Break
13:00-15:00	- Testing the skills acquired

 $[\]mbox{*}$ Evening recommendation: Visiting the Village Museum before 6 pm // Visiting the Arts Museum before 6 pm



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Day 3 – Cultural Immersion

First 10.000 steps Next 5.000 steps 10.00 – Meet & Greet your guide 16.30 – 17.00 visiting the Faber Cultural Center 10.00 – 12.15 Walking City Tour #1 (700 17.00 - 17.20 **Boat trip** Market, Jewish Quarter, Liberty Square, St. 17.20 – 18.00 Walking City Tour #3 (Elisabetin George Square, Union Square, Victory Square) District) 12.50 - 13.50 Museum of The Revolution 18.20 – 18.50 Communist Consumer Museum 14.00 – 15.30 Traditional Romanian Lunch 18.50 – 19.00 – Tram ride to Liberty Square 15.30 – 16.30 Walking City Tour #2 (Fabric District)

Day 4 – Creative Thinking

09:00 – 10:30	- Exploring why the Creative thinking is relevant for our work
	- Exploring what resources are already in place
10:30-10:45	Coffee Break
10:45-12:15	- Applied theories on Creativity
	- Exercising asking good questions through Brain Puzzles
12:15-13:00	Lunch Break
13:00-15:00	- Ways to improve creativity at an individual level
	- Tools to facilitate creative thinking processes in a group
	- Real-life application

^{*} Evening recommendation: Hidrocycle on Bega // Fără filtru Rock Concert @ Manufactura, starting at 8 pm, free entrance

Day 5 – Design Thinking

09:00 - 10:30	- Empathy
	- Understand
	- Definition
10:30-10:45	Coffee Break
10:45-12:15	- Ideation
12:15-13:00	Lunch Break
13:00-15:00	- Prototype
	- Test
	- Feedback Session & Graduation

^{*} Evening recommendation: Movie night @ Iulius Town // Opera Night





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Don't miss:

- the Museum of the Comunist Consumer
- the Arts Museum
- the Village Museum
- a Spa day
- Kayaking on Bega river
- Visiting Recas Winery
- Gelato di Bruno ice cream
- Iulius Town
- Opera night

The training plan is subject to change based on the needs and expectations of the participants.

The social activities recommended for each day are optional and will be updated one week before the start of the training.