

**INTERNATIONAL TEACHER/STAFF
EXCHANGE WEEK in LSMU**



LITHUANIAN UNIVERSITY
OF HEALTH SCIENCES

**International
University:**



September 21st-25th 2020



Day 1

September 21st

11.00 - 11.30

Registration/Welcome Coffee

11.30-12.30

Introduction, Dean's speech

**LSMU - INTERNATIONAL
UNIVERSITY: WHAT IS YOUR
SUPERPOWER?**

A. Šarlauskas, PhD
Vice-Dean of International Relations
and Study Centre

12.30-13.00

Speed-friending:

**SUPERPOWER MULTIPLIES
IF WE UNITE**

13.00 - 14.00

Lunch

14.00-15.30

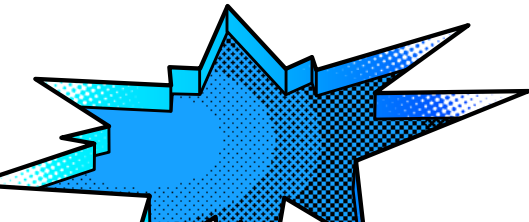
Team-building/workshop:

**THE SUPERPOWER OF
INTERNATIONAL TEAM**

19.00-21.00

**Superparticipants' Welcome
Dinner**

Restaurant *Garden*



9.00-15.30

Individual Teaching Activities

10.00 - 10.45

Super-marketing:**EFFICIENT RECRUITMENT OF INTERNATIONAL STUDENTS**

L. Sapranavičiūtė-Zabazlajeva, PhD
Head of Division of International
Studies

10.45 - 11.30

Workshop:**SWOT ANALYSIS**

Moderated by Ž. Kepežinskienė,
International Programme Coordinator

UNIVERSITY'S GOOD PRACTICES IN LIFE

Open call for participants'
presentations

Coffee Break

12.00 - 13.00

International Classroom:**SUPER-TEACHER'S EXPERIENCE**

Invited Speaker with significant
international experience

13.30-15.30

Tasting Lithuania:**SUPERFOOD IN TRADITIONAL STYLE**

Restaurant *Pompėja*

Day 3

September 23rd

9.00-15.30

Individual Teaching Activities

10.00 - 10.30

**INTERNATIONAL STUDENTS'
ADJUSTMENT TO MODERN
SUPER-LIFE**

J. Razgulin, Psychologist

10.30 - 11.30

Workshop:

**STRESS MANAGEMENT - MYTHS
VS. REALITY**

Moderated by J. Razgulin, Psychologist

Coffee Break

11.45 - 13.00

Guided Tour:

**LSMU UNIVERSITY HOSPITAL
CAMPUS**

13.00 - 14.00

Lunch

14.00-15.30

A VOICE OF SUPER-STUDENTS

Erasmus Student Network

SHARING IS CARING

by LSMU Alumni

16.00-18.00

Guided Kaunas City Tour

9.00-15.30

Individual Teaching Activities**10.00 - 11.00**

Super-staff:**WHEN
INTERNATIONALIZATION IS A
STATE OF MIND**

LSMU Erasmus+ team: Ž. Dičkutė,
E. Vizbaraitė, A. Jašauskaitė,
Ž. Kepežinskienė, S. Deksnytė

11.00 - 11.45

Workshop:**ORGANIZATION OF ERASMUS+
MOBILITY, BARRIERS AND
STRATEGIES**

Moderated by Ž. Dičkutė, Head of
Academic Staff Mobility

Coffee Break (in Veg-Fest style)

12.00 - 13.00

**SUPERFOOD TO SUPPORT
YOUR SUPER-LIFE**

Prof. E. Bartkienė, LSMU Department
of Food Safety and Quality

13.00 - 14.00

Lunch

14.00-15.00

Workshop:**FEEDBACK ANALYSIS IS THE
EASIEST WAY TO IMPROVE IN
THE FUTURE**

Reflection & collection of the S-W
participants' opinions

15.00-16.30

Super-awards:**LSMU ERASMUS+ CERTIFICATES
FOR PARTICIPANTS**



Day 5

September 25th

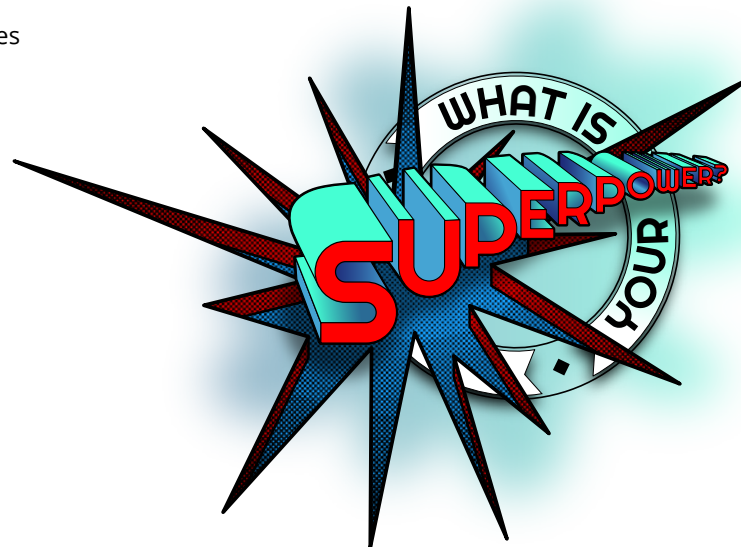
9.00 - 16.00

ALL SUPERPOWERS ARISE FROM THE GREAT PAST

Bus trip to the Open-Air Museum of
Lithuania RUMŠIŠKĖS
Guided tour
Ethnographic activities
Ethno-Lunch

**INTERNATIONAL TEACHER/STAFF
EXCHANGE WEEK in LSMU**

International University:



Erasmus+

