



European Academy
of Innovation

European Academy of Innovation
Timisoara, Romania
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Team Motivation

Training plan

Day 1 – Introduction to Team Motivation

09:00 – 10:30	<ul style="list-style-type: none">- Presentation of the trainer- Presentation of the participants- Expectations- Presentation of the training program- Administrative aspects
10:30-10:45	Coffee Break
10:45-12:30	<ul style="list-style-type: none">- Presentation of the universities of the participants
12:30-13:30	Lunch Break
13:30-15:00	<ul style="list-style-type: none">- The stages of a team's formation- Types of motivation

* Evening recommendation: Taste the local artisanal beers @ Bereta Taproom & Bottleshop
// Listen to some vinyl @ Viniloteca

Day 2 – Group Dynamics and Team work

09:00 – 10:30	<ul style="list-style-type: none">- Creating a dedicated, secure environment for employee communication- Psychological Contract
10:30-10:45	International Coffee Break
10:45-12:15	<ul style="list-style-type: none">- Effective communication – a path towards a growing employee engagement
12:15-13:00	Lunch Break
13:00-15:00	<ul style="list-style-type: none">- Conflict management

* Evening recommendation: Visiting the Village Museum before 6 pm // Visiting the Arts Museum before 6 pm



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Day 3 – Cultural Immersion

First 10.000 steps

10.00 – Meet & Greet your guide
10.00 – 12.15 Walking City Tour #1 (700 Market, Jewish Quarter, Liberty Square, St. George Square, Union Square, Victory Square)
12.50 – 13.50 **Museum of The Revolution**
14.00 – 15.30 *Traditional Romanian Lunch*
15.30 – 16.30 Walking City Tour #2 (Fabric District)

Next 5.000 steps

16.30 – 17.00 visiting the Faber Cultural Center
17.00 – 17.20 **Boat trip**
17.20 – 18.00 Walking City Tour #3 (Elisabetin District)
18.20 – 18.50 **Communist Consumer Museum**
18.50 – 19.00 – Tram ride to Liberty Square

Day 4 – Supporting team members

09:00 – 10:30	- Coaching, mentoring or counselling
10:30-10:45	Coffee Break
10:45-12:15	- Cocreativity - Maximizing your team members' potential
12:15-13:00	Lunch Break
13:00-15:00	- Supporting your team through stressfull periods

* Evening recommendation: Hidrocycle on Bega // *Fără filtru* Rock Concert @ Manufactura, starting at 8 pm, free entrance

Day 5 – Leadership skills

09:00 – 10:30	- Core leadership theories: Personality traits, Leadership Behaviors, Situational Leadership - Introduction to co-creative approach
10:30 - 11:00	Coffee Break
11:00 -12:00	- Effective Delegation
12:00 - 13:00	Lunch Break
13:00 - 15:00	- Goal setting - Using motivation to reach goals - Feedback session & Graduation

* Evening recommendation: Movie night @ Iulius Town // Opera Night



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Don't miss:

- the Museum of the Communist Consumer
- the Arts Museum
- the Village Museum
- a Spa day
- Kayaking on Bega river
- Visiting Recas Winery
- Gelato di Bruno ice cream
- Iulius Town
- Opera night

The training plan is subject to change based on the needs and expectations of the participants.

The social activities recommended for each day are optional and will be updated one week before the start of the training.