

# 1ST MUB INTERNATIONAL STAFF WEEK

**03-07.2024**  
JUNE JUNE

We cordially invite you to participate in the 1st MUB International Staff Week organised by the Medical University of Białystok.

**The target group** are especially: employees of partner and non-partner European universities, employees of Erasmus+ and International Cooperation Offices, employees of European medical universities and other employees whose work is related to internationalisation.

This event will enable creating new networking opportunities, exchanging good practices and learning from one another's experience.

Participants are required to know **English at least B2 level**.

All of the **costs** related to the participation in 1st MUB International Staff Week must be covered by the sending institution as a Staff Mobility for Training within the KA-131 Erasmus+ Programme. We do not implement the BIPs.

**The registration form can be found here** and **here:** <https://forms.office.com/e/iRh0Kr6VKy>



Deadline for applying is **6th May 2024**.

**The fee covers:** lectures and workshops, coffee breaks, lunches and official goodbye dinner, guided city tour, trip to Supraśl with lunch, visit at the Museum.

The maximum of **3 employees** from one sending university may be accepted.

Every applying person will be notified on the result of the registration on **10th May 2024** at the latest.



**Co-funded by  
the European Union**

# 1ST MUB INTERNATIONAL STAFF WEEK AGENDA

**03**  
MONDAY  
**06**

- 9:30** – Registration of participants (*Aula Magna, Branicki Palace*)
- 10:00** – Official start of the Staff Week  
welcome speech by Vice-Rector for Education – Professor Adrian Chabowski MD, PhD
- 10:30** – Presentation of the MUB
- 10:45** – Coffee break
- 11:15** – Presentation of participants' universities
- 12:30** – Tour around the units of Medical University of Bialystok
- 14:30** – International fair and food tasting

- 10:30** – *The internationalisation strategy of the MUB (Aula Magna, Branicki Palace)*  
lecture given by Tomasz Maliszewski, PhD, the Head of the International Cooperation Department
- 11:30** – Coffee break
- 12:00** – Workshop: *Erasmus+ Programme – challenges and opportunities of Erasmus Without Paper* – exchange of experiences (*Senate Hall, Branicki Palace*)
- 13:00** – Lunch
- 14:30** – Guided Białystok city tour (optional – registration required)

**04**  
TUESDAY  
**06**

**05**  
WEDNESDAY  
**06**

- 9:30** – Workshop: Intercultural communication and cultural differences
- 11:00** – Coffee break
- 12:00** – Individual meetings with different departments
- 15:30** – Visit at the Museum of the History of Medicine and Pharmacy (optional – registration required)

- 9:30** – Polish language crash course + polish culture
- 10:30** – trip to Supraśl (lunch included) (optional – registration required)
- 18:00** – Official goodbye dinner (optional – registration required)

**06**  
THURSDAY  
**06**

**07**  
FRIDAY  
**06**

- 9:30** – Networking & open discussion panel for guests (*Aula Magna, Branicki Palace*)
- 11:00** – Farewell speech & handing over certificates



# THE VENUE



## THE BRANICKI PALACE

1 JANA KILINSKIEGO ST.  
BIALYSTOK, POLAND





# THE TRIP



## SUPRAŚL

Beautiful health resort with over 500 years of history. Here you can find a famous post-Basilian monastery buildings with a fortified Orthodox church, built in Gothic and Byzantine styles at the beginning of the 16th century. Within the premises of the Orthodox monastery buildings, there is a Museum of Icons with one of the most extensive collections of the 18th, 19th and 20th centuries icons in Poland. Here you can also admire the unique 16th century murals, which survived from the destroyed and later rebuilt Orthodox Church of the Annunciation, located in the churchyard.





# USEFUL INFORMATION

GOOGLE MAPS ADDRESS



## HOW TO ARRIVE

### BY PLANE

the closest airports are the Warsaw Chopin Airport and Warsaw Modlin Airport. In order to arrive to Bialystok you should take a bus or a train from there. You can search the available connections here: <https://en.e-podroznik.pl/>

### BY TRAIN / BUS

You can search the available connections here: <https://en.e-podroznik.pl/>

## BIALYSTOK

When walking down the streets of modern Bialystok its various features can be noticed, especially:

**aristocratic** – Branicki Palace (1 Kilinskiego St.), the Guest Palace (6 Kilinskiego St.), the Cathedral (2 Koscielna St.), the City Hall (10 Rynek Kosciuszki St.),

**industrial** – the Trylling Family Palace (7 Warszawska St.), the tobacco factory (39 Warszawska St.), the Old Power Plant (current Modern Art Gallery, 12 Elektryczna St.), Becker Palace and Factory (current Alfa Shopping Centre, 15 Swietojanska St.), Hasbach Palace and the Krusenstern Family Palace (Dojlidy Fabryczne St.),

**multi-religious** – St. Roch's Church (1 ks. A. Abramowicza St.), Orthodox Church of St. Nicholas (15 Lipowa St.), Citron Synagogue (current Slendzinski Art Gallery, 24a Warynskiego St.), St. Adalbert's Church (former protestant church, 46a Warszawska St.), Muslim house of prayer (13f Piastowska St.)

**wooden architecture** – remains of the 19th and 20th century wooden architecture are concealed in the city center – the whole district of Bojary and former Jewish house estate called Chanajki located around today's Sienny Market Square.

## WORTH TASTING

### MAIN DISHES

- pierogi
- kartacze
- babka ziemniaczana
- kiszka ziemniaczana
- ser koryciński
- chłodnik litewski
- żurek

### DESSERTS

- makowiec
- mrowisko
- marcinek
- sękacz

### DRINKS

- buza
- kwas chlebowy
- podpiwek

## WORTH SEEING

- Podlasie Opera and Philharmonic
- Bialystok Puppet Theater
- Municipal Stadium in Białystok
- Sybir Memorial Museum
- History Museum
- Podlachia Museum
- Arsenal Gallery in Bialystok
- Epi-Centre of Science
- Widzi-misie trail
- Bialystok mural trail
- Akcent ZOO
- Dojlidy beach
- Theater Stage Monument
- Monument to the Heroes of the Białystok Land
- Monument of Young Ludwik Zamenhof

## WORTH SEEING IN THE REGION

- **Tykocin** - Synagogue, Church of the Holy Trinity and the Tykocin Castle
- **Kruszyniany and Bohoniki** - the centers of Tatars' history and their religious life, with the unique wooden mosques and modern mizars
- **Białowieża Forest National Park**
- **Biebrza National Park**
- **Narew National Park**