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## ERASMUS STAFF TRAINING WEEK 20th – 24th.05.2019

**WELCOME GUIDE** 

### **WELCOME GUIDE**

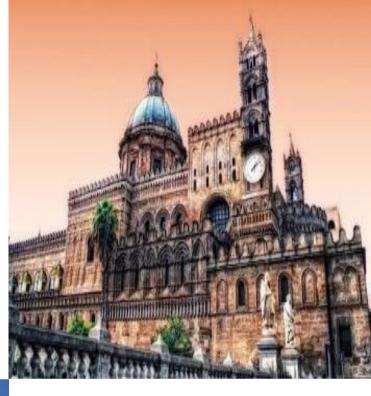
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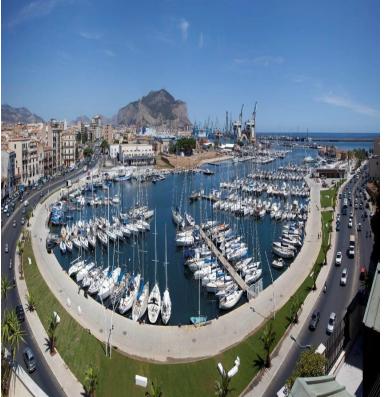


ERASMUS STAFF TRAINING WEEK 20 – 24.05.2019

## WELCOME TO PALERMO







Palermo, the regional capital of Sicily, is one of those cities with a very distinct, almost tangible atmosphere, a place of mystery, where reality often outperforms the traveller's imagination and preconceived stereotypes. It is a buzzing Mediterranean centre whose 1 million inhabitants are a fascinating cocktail of apparently conflicting characteristics. Palermo's history has been anything but stable, and the city has passed from one dominating power to another with remarkable frequency. Its strategic position at the heart of the Mediterranean brought wave upon wave of invaders, including the Phoenicians, the Carthaginians, the Greeks, the Romans, the Arabs, the Normans, the French, the Aragonese and the Bourbons just to name the most influential. The result of this quilted history is evident today in the vast range of architectural styles, the intriguing fusion of ingredients used in many local dishes, and in the many place names whose etymology bypasses Italian linguistic traditions. In a world where so many places have become tourist-friendly to a fault, visiting Palermo is still somewhat of an adventure. You won't find many restaurants with menus translated into five different languages. There are many back streets that have only recently opened up to those from without, and it is still often difficult to obtain any information worth having. However, this is also a stimulus to those who wish to embark on a journey of discovery, to explore things for themselves, to dig into the very fabric of the city, and to try and understand what really makes Palermo and its people tick.



ERASMUS STAFF TRAINING WEEK 20<sup>th</sup> – 24<sup>th</sup>.05.2019

# HOW TO REACH PALERMO

#### **How to reach Palermo**

From the Palermo Airport "Falcone e Borsellino" (Punta Raisi), about 30 km far from the centre of Palermo, you can reach the city in three ways: by train, by bus, and by taxi.

#### By train

The Trinacria Express connects Palermo directly with the arrivals terminal. The ticket costs  $\in$  5,90 and can be purchased at the train departures (ground floor –Palermo airport) from the ticket machine or from the ticket office staff. It's not possible to buy the ticket on the train.

#### By taxi

This service is available at the airport from 6 am to midnight and you can find all the taxies just outside the arrival terminal.

The taxi from the airport to Palermo Central Station costs € 45,00. It is also available a taxi sharing service. The cost is € 7,00.

#### By bus

The bus-shuttle (Prestia e Comandè) connects the airport to Palermo (last bus stop Palermo Central Station) and the stops are:

Palermo (central station terminal), via Emerico Amari (city harbour), Politema square, Via Libertà 45, Via Libertà 95, Via Libertà 171, Via Libertà 203, via Croce Rossa 125, Piazza De Gasperi 187, via Belgio, Airport and back.

The bus goes from Palermo Central Station to the airport every half an hour from 4.00 am to 10.30 p.m., and from the airport to the central station from 5.00 am to midnight.

The ticket price is  $\in$  6,30 and it can be purchased directly at the box office "Prestia e Comandè" in the Airport.





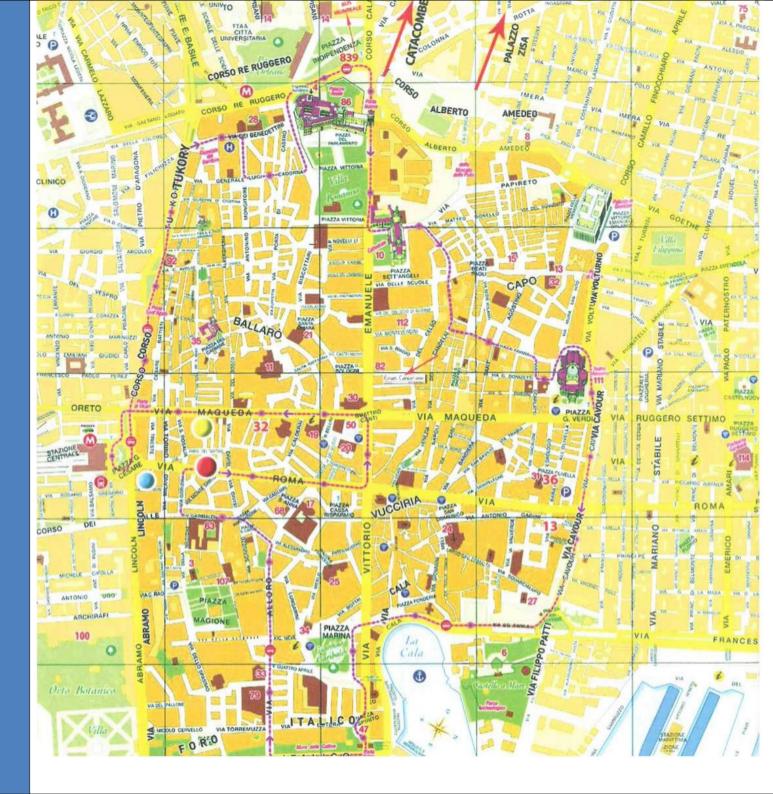


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ERASMUS STAFF TRAINING WEEK  $20^{th} - 24^{th}.05.2019$ 

# MAP OF THE CITY CENTRE





ERASMUS STAFF TRAINING WEEK 20<sup>th</sup> – 24<sup>th</sup>.05.2019

## PARTICIPATION TO THE STAFF WEEK

#### Duration

The training week will take place from Monday 20<sup>th</sup>.05.2019 to Friday 24<sup>th</sup>.05.2019.

#### Language

Main working language will be English.

#### **Application**

Please fill in the on-line application form.(https://docs.google.com/forms/d/14dqCnEIF5A8XczOfaQ\_cKKRIMLsf5IRRbY1QJQAYTfs/edit)

Deadline: 13<sup>th</sup>.04.2019

#### Selection

The number of participants is limited to 20, with a maximum of 2 attendees per Institution. Selection results will be announced within 19<sup>th</sup>.04.2019.

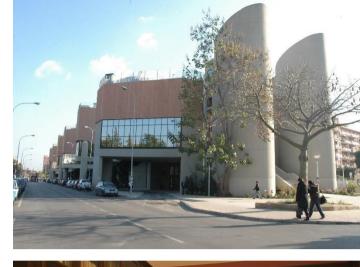
Participation fee: € 200,00 per person, including work materials, coffee breaks, lunches, trip to Cefalù and guided visits and farewell brunch.

#### **Funding**

Participants are responsible for covering their own accommodation, travel, dinners and other expenses. We suggest to seek for Erasmus staff training funding at your Home Institution, where possible.

#### **Accommodation**

We suggest you to find an accommodation located in the city center (please see the map above). All the activities will take place at the University Campus "Complesso polididattico" edificio 19 - Viale delle Scienze. Palermo.









ERASMUS STAFF TRAINING WEEK 20<sup>th</sup> – 24<sup>th</sup>.05.2019

# PROVISIONAL PROGRAMME

#### MONDAY – 20<sup>th</sup> MAY

11:00 – 12:00	Registration at University Campus "Complesso polididattico" edificio 19 - Viale delle Scienze, Palermo
12:00 – 13:00	Welcome buffet lunch
13:00 – 13:45	Partner Presentations (Part I)
13:45 – 14:15	Coffee break
14:15 – 15:00	Partner Presentations (Part II)
15:00 – 17:30	Guided tour of Palermo

#### TUESDAY – 21<sup>st</sup> MAY

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09:30 - 10:30	WORKSHOP 1
	Erasmus+ Outgoing students
10:30 - 11:00	Coffee break
11:00 – 12:00	Survival Italian Language course
12:30 - 14:30	Lunch
15:00 - 17:30	Guided tour Botanical Garden

#### WEDNESDAY - 22<sup>nd</sup> MAY

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09:30 - 10:30	WORKSHOP 2				
	Erasmus+ KA107: International Credit Mobility Double Degree;				
10:30 – 11:00	Coffee break				
11:00 - 12:00	WORKSHOP 3				
	Erasmus+ Traineeships				
12:00 - 13:00 Support Services for students at UNIPA (ESN, CUS,					
	ERSU, CLA)				
13:00 – 14:00	Lunch				
15:00 - 17:30	Scavenger hunt				

#### THURSDAY – 23<sup>rd</sup> MAY

09:30 - 10:30	WORKSHOP 4
	Erasmus+ KA2 - International Cooperation
10:30 - 11:00	Coffee break
11:00 - 12:00	WORKSHOP 5
	Erasmus+ Incoming students
12:00 - 13:00	Trip to Cefalù
13:00 - 14:30	Lunch
14:30 - 18:30	Free afternoon in Cefalù

#### FRIDAY – 24<sup>th</sup> MAY

09:30 -	10:30	Visit of Rectorate of UNIPA
10:30 -	11:30	Wrap up and closing discussion
11:30 –	12:30	Farewell brunch







# See you soon soon Palermo



